

EXECUTIVE COACHING FOR EMERGING FEMALE LEADERS



EXPERIENCED & RESULTS-DRIVEN

As an Executive Leadership Coach, Alison is absolutely passionate about partnering with emerging female leaders in the corporate world, having worked alongside many extraordinary women over her finance career, which spanned 17 years, two languages, and three continents.

She knows just how difficult it can sometimes be for them to thrive, whether because of external or internal hinderances. As one of very few female Directors, she watched so many intelligent and powerful women burn out or fade away, disillusioned with the environment that they felt was just not on their side.

With the growing focus globally from upper management on the introduction and retention of females in their businesses, Coaching has become an incredibly relevant and powerful resource in attracting and supporting female talent.

Alison's coaching provides women with the tools and the space to understand where their overwhelm, doubt or dissatisfaction is stemming from, and how to overcome these barriers and harness their innate strengths, in order to thrive in the workplace - a win-win for all!

PRESENTATION TOPICS

A Piece of the P.I.E

When it comes to career progression, Performance is only 10% of the equation. Consciously managing your Image and Exposure is what will jumpstart your meteoric rise up the career ladder!

Neuroscience for Leaders

Learn how to optimise your brain, and your resilience, in these 6 simple ways to ensure you're top of your game, every day

Abolish Mindset Barriers to Success

How to hack your brain to end the career self-sabotage, and amplify your motivation and success!

COACHING MODALITIES

- One on One Coaching
- Small Group Coaching
- One on One combined with Small Group
- Lunch & Learns
- Half- and Full-Day Sessions
- Offsites & Retreats
- Conferences / Key Note Speaker / Panels

COACHING TOPICS

- Leadership Strengths & Gaps
- Removing Internal & External Barriers
- Emotional Intelligence
- Dynamic Communication
- Influencing Others
- Problem Solving
- Productivity
- High Energy Relationships
- Health & Wellness
- Time Management
- Executive Presence



Alison worked for 17 years in the Finance Industry, most recently in one of the world's most successful infrastructure investment banks.

Here Alison took on various Board Director positions, team management responsibilities, and as CFO managed budgets up to US\$2 billion.

Following an overseas placement, Alison began studying leadership coaching at the internationally renowned Institute for Professional Excellence in Coaching (iPEC) and is now a full time certified Executive Leadership Coach for emerging female talent.

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